





let's Welcome The Spring 19th March 2024

Originating from & produced by St Mary's Church Barton Mills

March 2024					
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Dear Readers,

March is a busy time of the year - out of doors, with birds building their nests as the days get longer and warmer, and indoors as we think about Spring cleaning. In the church calendar we are now in the middle of Lent – the six weeks leading up to Easter. March 10th is Mothering Sunday, with special services and celebrations; 24th March is Palm Sunday, when we remember Jesus' grand entry into Jerusalem; 29th March is Good Friday and Sunday, 31st March, is Easter Day, perhaps the most important day in the church's year. In Barton Mills we have a historic and lovely church, where all these occasions have been celebrated for hundreds of years – do come and help celebrate them again this month.

Please forward copy for the April edition of the magazine to the editors by 20th March.

Yours sincerely Frances Lewis and Nancy Higgins

BURY ST EDMUNDS MOBILE LIBRARY VAN DATES (Route 4)

Email: help@suffolklibraries.co.uk Telephone: 01473 584563

The Library Van visits Barton Mills (Lamb Court) on Saturday aft. 2.00pm to 2.30pm.

This will be the following Saturdays - 30th March and 27th April.

No Van 2nd March.

Vicar's Letter

March From the Forest Heath Team Rector

The Vicarage Gazeley March 2024

Many people have dishwashers yet they are responsible for one of life's little disappointments. Even though they save us time we are often mildly irritated that we must unload them and then the great upset is when one of the cups or jugs isn't clean. How annoying to have to handwash!

I doubt Jesus knew anything about mechanical dishwashers in his earthly life, but he did know something about clean cups. In the Gospel of Matthew 23.25 he suggests that the Pharisees who preach and teach the Law bother about cleaning the outside of their metaphorical cups but their insides are filled with 'robbery and indulgence'. He suggests strongly that they therefore have no moral authority. My dishwasher is more likely to leave coffee grains or an item unclean because of improper loading (surely not he says?!) but Jesus' point is true for us all. What are our intentions? Are the 'cups of our minds' as clean as they might be? Do we have clean hearts and hands when we purport to serve others?

The pharisees relied on their institutional authority when it came to teaching — yet the itinerant preacher with no legal authority was the one the people followed and accepted. He was the one with a clean heart and honest intentions. He was the one who wanted to help the people not lay burdens on them and stress and worry over trifles.

On the 4th February* we celebrated Candlemas and so began the run of the churches year up to Lent and Holy week. One of the most powerful Bible verses suggested for Ash Wednesday is Psalm 51 v 11 'Create a clean heart in me O God, and renew a right Spirit within me'. Many Christian people pray that each day – though we all fail – but I hope that is our renewed intention this Lent.

And on a personal note

Thank you all for your support at my Induction as Team Rector of Forest Heath on the 7th February here in Gazeley Church. It was a memorable occasion – the 2 choirs Archdeacon and Bishop 'did us proud'.

Chris (Rev Canon C Childs)
*Transferred from 2nd February

The Barton Miller Team
Would like to say



to all the Village Readership

CHURCH SERVICES, MARCH 2024

SERVICES in BARTON MILLS CHURCH

Sunday 3rd March 9.30am Holy Communion

Sunday 10th March MOTHERING SUNDAY,

9.30am Family Morning Worship, gifts of flowers for everyone.

5pm Service of Prayer for Healing

Sunday 17th March 9.30am Holy Communion

Sunday 24th March PALM SUNDAY

9.30am Morning Worship

Thursday 28th March MAUNDY THURSDAY

7pm Group Service of Holy Communion

Friday 29th March GOOD FRIDAY

2pm GROUP SERVICE at Worlington

Sunday 31st March EASTER DAY

9.30am Holy Communion

All are welcome to join us at these Services

Rev'd Chris Childs, has been installed as **TEAM RECTO**R for the Forest Heath Team of churches. He can be contacted at All Saints Vicarage, The Street, Gazeley, CB8 8RB. Tel. no. 01638 429212, e mail: revcchilds@aol.com.

Barton Mills Annual Parochial Church Meeting (APCM) will take place, in church, on Wednesday, 24th April, 7 for 7.30pm

<u>WORLD DAY of PRAYER, Friday 1st March</u>. This year the service has been prepared by the Christian women of Palestine - an engaging service with stories of faith to encourage prayerful action. All, both men and women, are welcome to come and be part of the international wave of prayer. There will be local services on that day at:

10.30am at St. John's Church Hall, Beck Row, led by Rev Caroline Butcher12 noon at All Saints Church, Gazeley, led by Revd Chris Childs2.30pm at Mildenhall Methodist Church, High Street, Mildenhall, led by Revd Sue Leathley

St Mary's Church Barton Mills.

Church Contact: Rev'd Chris Childs (Rural Dean)

All Saints Vicarage, The Street, Gazeley CB8 8RB

Tel. No. 01638 429212

Email: revcchilds@aol.com

Your Church Representatives:

Churchwarden: Dave Traher, 25 Church Lane Close, Barton

Mills. Tel 718328;

Elders: Glynn East and Dave Traher.

St Mary's Parochial Church Council

Elected Members

Secretary: Jenny Everett, 24 Oxford Close, Mildenhall IP28 7RP,

Tel 07807 912909, email jen.everett50@gmail.com

To whom all correspondence should be addressed.

Treasurer: Tony Potts.

Deanery Synod Representatives: Rodney Knight and

Peter Alder

Other PCC Members: Alan Butcher, Linda Jenkins, Frances

Lewis, Jo Traher and Sandra Woollard.

Prayer Chain - There is access to a prayer chain for anyone needing prayers for themselves or others. Please contact the church Elders mentioned above



COFFEE MORNINGS

EVERY THURSDAY 10.00 TO NOON IN THE CHURCH ROOM



ALL VERY WELCOME



BARTON MILLS VILLAGE CAR BOOT SALE

to raise funds for local groups
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EASTER MONDAY 1st APRIL

7am to 12noon Single pitch £7, Double pitch £12

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BARTON MILLS BAPTIST CHURCH



Once again we have reached the lovely season of Spring. If we look around we can see the powerful message of hope that surrounds us during this lovely time of year. New growth is appearing in our gardens and hedgerows and all signs point to the end of winter and hopefully a warm and enjoyable spring and summer. It's a time to ensure we are looking forward and not back, however, every time we turn on the TV, listen to the radio or read our newspapers we are surrounded by sad news. Israel, commonly known as the Holy Land, is once again in the news and not for the right reasons. Only yesterday two of the hostages held there have been released leaving many still to be freed. What a sad situation in a land where Jesus walked and talked and brought hope to our world.

Jesus' disciples too had been suffering great anxiety. They had spent many hours following Him, witnessing great feats of healing, raising people from the dead, making the blind to see and the lame to walk again. Then, suddenly their world fell apart. He was taken from them and cruelly beaten and ultimately condemned to death by crucifixion. If the Jerusalem Post had been published over 2,000 years ago, or Israeli TV was broadcasting its evening news, little coverage would have been given about a Nazarene carpenter being crucified, even though He had performed numerous, wonderful miracles that had never been seen before. When the dark day of Jesus' crucifixion drew to a close, it seemed that the most wonderful of all lives had come to an end. For a few brief years, Christ had astounded the crowds and His followers with the wisdom of His teaching and the wonder of His miracles but Jesus chose not to save Himself from the cross, and now His life was over. It seemed that nothing more could be expected of Him.

Consequently, the first Resurrection Day began with gloom and despair for the disciples of our Lord. Three days earlier their Master had been crucified and buried, We can imagine them huddled together behind closed doors as "they mourned and wept" (Mark Ch 16 v 10) but John told us that before the day ended the disciples "were glad" (John Ch 20 v 20). Christ still lives but many of us go from day to day as if He were still in the grave. As we approach the Easter season, let us look beyond the empty tomb to the One who can fill our lives with the power of His resurrection.

"Because He lives I can face tomorrow, Because He lives, ALL fear is gone

Because I know He holds the future and life is worth the living just because He lives."

CHRIST'S EMPTY TOMB FILLS US WITH HOPE

We give you a very warm welcome to attend the Chapel, 3 p.m. every Sunday.

BARTON MILLS PARISH COUNCIL

A11 ROAD CLOSURES

Highways England have deferred the A11 closures until 2025 when they will revisit their options and relook at the data.

DEFIBRILLATOR

The defibrillator is located in the telephone box outside The Bell Pub in Bell Lane, Barton Mills, IP28 6AJ.



THANK YOU AND GOODBYE

Barton Mills Parish Council said goodbye to Jadi Coe on Friday 16th February as she left for pastures new. She has been Clerk for the last 6 years and has gone above and beyond in her role; she will be missed.

Good luck for the future!

The next Parish Council meetings will be **held on Tuesday 5th March and Tuesday 2nd April, both starting at 7:30pm** in the Village Hall. In the event of an extraordinary meeting being held before the next scheduled meeting, it will be published on the website and on the notice boards. The Public are welcome to attend Parish Council Meetings and will be offered the opportunity to speak at the beginning of the meeting or during the meeting at the Chairman's discretion. To raise an item at any meeting please contact the Clerk at least 7 days prior to the meeting date.

Chairman: Neil Horne, 07590 672963

Clerk: Naomi Alecock, clerk@bartonmills.net

Website: www.bartonmills.net Facebook and Nextdoor: Barton Mills Parish Council

All over 50s Welcome BARTON MILLS WEDNESDAY CLUB

Our next meeting will be on Wednesday 6th March 2024 In the village hall at 2.00pm. Jason Middleton will give us An Introduction to Gemstones

Wednesday 20th March 2024 meet at The Elveden Inn (opposite Elveden Estates) for a pub lunch.

This must be pre-booked please contact Ann 01638 510008 by 6th March 2024 at the latest.

We look forward to seeing you all and welcoming new members.

Entry £3 non members/ £2members
Annual subscription £10
Enquiries to Ann on 01638 510008 or
jacobs.family@me.com



BARTON MILLS 100 CLUB

The purpose of the Barton Mills 100 Club is to raise funds by operation of lotteries and draws to contribute to projects and/or organisations within the parish of Barton Mills for the general benefit of the people of Barton Mills.

February 2024

£30 78 M Walker

£20 25 A Palles Clark

£10 43 A E Low

£10 215 D Powell

If you would like to become a member please contact our Treasurer: Janette Miller - 49 The Street. Tel 712843 IF YOU WANT TO WIN, YOU HAVE TO BE IN!! Prizes of £30, £20, and 2 x £10 monthly and twice a year additional prizes of £150.



MILDENHALL & DISTRICT MUSEUM AND MUSEUM SOCIETY

The Museum - reopens after the winter break on Friday 1st March at 10:30 - 4:00. The revised opening times are: Tuesday/Wednesday/ Thursday and Saturday 2:00 - 4:00 pm Fridays 10:30 - 4:00 pm

Mildenhall and District Museum Society Talks -

Thursday 7th March - History of the Toy Theatre - Daniel Morgan Thursday 4th April - Mildenhall Workhouse - the lives of the Paupers - Danny Pearson

Talks start at 7.30 pm Members £2 non-members £4 Annual Membership £10.

This year marks the 90th anniversary of the Great Air Race and Commissioning of the base. There will be events and activities in Mildenhall and the villages to commemorate this event so keep an eye out for anything near you.

STOP PRESS - Please visit the Museum gift shop during opening times to see the memorable gifts for sale to commemorate the air race.

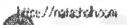
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BLOOM
BLOSSOM
BUTTERFLY
DAFFODILS

EGGS FLOWERS GREEN GROWING HATCH MARCH MAY

RAIN ROBINS SPRING SPROUTING SUNSHINE TULIP



NEW GROUPS FOR BARTON MILLS KNIT and NATTER

This group continues to meet each week on a Wednesday afternoon, in the church room, starting at 2pm. Over tea (or coffee) and biscuits, conversation covers a wide range of subjects. If you are interested, do come along knitting is not compulsory!

BARTON MILLS BOOK CLUB

The new Barton Mills Book Club met again on 8th February, when the book for discussion was 'The Shepherd's Life' by James Rebanks. We found this very practical book very readable and interesting, and it gave a fascinating view onto the author's life and progress in his farming career. Some of our members, who had grown up on farms, added their own experiences too. Meetings are being held in the church room on the second Thursday evening of each month, starting at 7pm. The book for 14th March is Richard Osman's 'The Thursday Murder Club' and for 11th April it will be 'Lady in Waiting' by Anne Glenconner. New members will be very welcome. More information from Ali on 07982 679926.





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Why not Volunteer or become a Friend of the Scheme? Phone us for details or e-mail us at

barton.neighbours@gmail.com



ST MARY'S, BARTON MILLS, PRESERVATION CHARITABLE TRUST



Dear Everyone,

The Annual General Meeting of the Preservation Charitable Trust will be held in the Church: Thursday 7th March 2024, at 7.00pm

Letters to members have gone out, but please contact me, Liz Jarvis, the Secretary on 01638 583728, leaving me your address if you would like to join and want to receive a membership form ahead of the meeting.

Sir Mark Prescott will be giving his talk on 'Training Racehorses', and he has been so kind as to show an interest in who we are as a Village and enquire about our church. I think we are in for a delightful evening with him.

Refreshments and sandwiches will be served between the two parts of the evening.

Please note this next date in your diaries... 7.00pm, Friday 3rd May, on which we are holding an Auction with Fish and Chip Supper.

We hope this will be an enjoyable social evening with the best food from The Handy Plaice Mobile caterers, and a cheerful evening spent squabbling gently over small treasures that will go under the hammer of Mr Paul Bonnett. We are relying on all of you to donate items to be auctioned in support of the Trust!

To book your meals, and let me know whether you prefer Fish, Chicken, or a Veggie burger with your chips, please contact Liz Jarvis on 01638 583728 or email me at <a href="mailto:ema

On the evening of Saturday 8th June, we present The Keld Ensemble, who will be giving us a concert in the church.

They will be playing a selection of favourite classical pieces so please also mark this date in your diaries. Tickets will be available for this from April.

Warmest Wishes to you all, Liz Jarvis



Good Neighbour Scheme – volunteering to help in our community

Albert Sweitzer once said of volunteering "Wherever you turn, you can find someone who needs you. Even if it is a little thing, do something for which there is no pay but the privilege of doing it."

Oscar Wilde held the view that "The smallest act of kindness is worth more than the grandest intention".

They recognised that a worthwhile gift that we can give to others in our communities is that of being there for our neighbours when help is needed. Our volunteers are truly gifted and committed to freely offer their time and support to neighbours in need where it is within their gift to do so. Our range of support services are set out in our advertisement in this edition of the Barton Miller so do please look at it and see how we might be able to help when you need it.

Across Suffolk there are nearly fifty Good Neighbour Schemes, many with considerable years of service to their communities behind them. This year the Barton Mills Good Neighbour Scheme will have been in operation for seven years and over that time our volunteers have helped a good number of our fellow villagers with a range of tasks and issues that they were unable to resolve for themselves. We are looking to encourage more volunteers to come forward to add to the skills base of the Scheme and who will I am sure find pleasure in helping others. Equally we are always open for your calls upon our services in respect of tasks that we are able to undertake (we cannot carry out tasks that require professionally qualified and/or certificated tradespeople to undertake — such as gas repairs or installations, plumbing, electrical works or central heating maintenance and repairs).

Can I please remind you that our usual services are free of any charge and are designed to support villagers across the entire Parish of Barton Mills. Please remember that you can contact us on **07419 211040** or e-mail us at barton.neighbours@gmail.com to see if we can help you with your needs.

NATURE NOTES. IVY

Ivy is surely recognised by everyone as it climbs trees, bushes and walls, showing its glossy, dark green, lobed leaves. Its Latin name is <u>Hedera helix</u>, the second word indicates that the stem spirals around whatever it climbs. It climbs by means of aerial rootlets with matted pads which cling strongly to the substrate. In summer its small yellow-green flowers provide nectar and pollen for butterflies, bees and moths, and in winter the small spherical, black berries are food for birds, including blackbirds and pigeons.

Within the densely packed leaves and stems, insects and spiders find refuge and birds find roosting and nesting sites. If ivy is browsed to a height of about 1.6m it is a sign that muntjac deer are about.

If it is allowed to grow unchecked up trees the ivy can become so dense and heavy that, in time, it can cause branches to collapse. When it grows on hedgerows the ivy needs to be cut at the base, otherwise, before long, it will partially or totally obliterate the bush, which, commonly, is hawthorn.

Hawthorn itself is a valuable species for wildlife, providing nectar and pollen from the white flowers,

followed by red fruits (haws). There are many such examples of those ivy-clad bushes and I saw a vast number recently in Norfolk where many field boundaries are of hawthorn.

P.S. If anyone is cutting back ivy I would be pleased to pick it up – I own animals that eat it!

Norma Chapman.

(Note – please contact one of the editors for Norma's contact details)



Barton Mills Ladies Club

Report of February Meeting

Our Speaker for this afternoon was Janet Brown who told us about the joys, or not, of living on a narrowboat. She began by telling us about the various craft using the waterways. The differences between barges, canal boats, house boats and narrow boats. When she met her second husband he was already living on a narrowboat. It was called 'Grapple', a name he gave it to mark an important event during his National Service. When they married, Janet was working as a teacher but found life difficult juggling a full time job and living on the boat, so she gave up teaching to live full time on the boat. 'Grapple' was only 60' long by 6'10" wide but they had all the comforts of home! Storage space was at a minimum, we all gasped when she told us how narrow the hanging space was for their clothes. The boat had a small basin, shower with an awful plastic curtain, cooker and fridge. They used gas and electricity, the electricity supply was boosted by a generator, but they had to juggle which appliances could be switched on at any one time so as not to overload the generator.

Janet often had to steer and there were times when she had great difficulty with her left and right when using the tiller especially on trickier parts of the canal. When her husband passed away she kept the boat for a while but finally parted with it with fond memories. It was a very informative and enjoyable talk.

Our next meeting is on **Tuesday, 12th March** at 2.p.m. in the village hall at Barton Mills when Catherine Buchanan will tell us all about 'The History of food and the great British tea ceremony.

What's on in Freckenham

Meet Up Monday at the Village Hall 2-3.30pm. Free event but donation appreciated. Sometimes a carpet bowls mat &/or table tennis table is there for people to have a go.

First Friday of Month Film Nights 1st March film Miss Pettigrew Lives for a Day Comedy & Romance £7 a person with free popcorn.

Doors & Bar opens 7pm, film starts 7.30pm.

Talk A life Illustrated in Print – Fri 15th March It starts with early photography when Rev Charles Dodgson met Lewis Carroll. Alan was blooded in the roaring presses of Fleet St., he taught, researched and travelled the world in new technology, then succumbed to motivational advertising. An hour's entertaining romp. Doors & Bar open 7pm, talk starts 7.30pm Free event but donations to Ely Baby Bank & Freckenham Village Hall appreciated.

Farmers Market with some Crafts 23rd March. 10 – 12 noon

regular stalls & some new ones, Fruit and Veg stall from Plantation Farm, West Row, maybe plants. Entry free. Refreshments available of hot & cold drinks, bacon rolls & homemade cakes.

First Friday of Month Film Nights 5th April tba, timing as above. Saturday 6th April Back at last Creative Arts East supported event The Pocket Choral Society! Bill Bailey meets The Archers! Doors & Bar open 7pm performance starts 7.30pm. Tickets £10 prebook to avoid disappointment & how many chairs to put out! VH mobile 07542 198 933, email freckenhamvh@outlook.com.

New seated yoga class Wed mornings 10am with Suzy (British Wheel of Yoga). Contact 07548 898 775 to get more details. We already have Yoga, Pilates, Karate, FitSteps (check timing), Circuits, Table Tennis & Dance Club sessions! Just keep looking out &/or follow us on Facebook as more events are planned. Join us on facebook freckenhamvh, Freckenham Community Group, Freckenham Film Nights and of course the website or VH mobile 07542 198 933.

https://freckenham.suffolk.cloud/freckenham-village-hall/village-hall-weekly-events/



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Carolyn Child 07739 097523
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01638 711171

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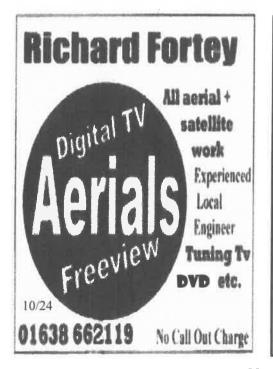
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Organisations/Clubs etc	1/4 page of A5	£40	Per annum
	½ page of A5	£80	Per annum
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	Basic 1/8 th page of A5	£2.00	Per issue
	1/4 page of A5	£4.00	Per issue
	½ page of A5	£7.50	Per issue
	Whole page A5	£15.00	Per issue

Depending on the content for some local items, some adjustments may be made. This is envisaged as being for "poster type" publicity for events.

<u>Charity appeals</u> not more that 5 lines of straight type - FREE. "Poster style" format - organisation rates apply.

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The Barton Miller

Editorial Team

take no responsibility for endorsement of, or statements made in published advertisements which are accepted in good faith. However we reserve the right to refuse any advertisement considered inappropriate for publication

SPECIAL NOTICE

If you are preparing any articles or advertisements for inclusion in the **BARTON MILLER** would you please submit, where possible, in **A5 format copy**. Please email the text (Word/Publisher.doc or pdf) and illustrations (JPEG) to

nancy@bartonmills.com or frances lewis11@hotmail.com

To keep proportions correct, fold an A5 sheet of paper in half 3 times to achieve minimum size. Many thanks.

SGT 559 JASON FRANCIS

Police Community Support Officer Based at Mildenhall Police Station **Telephone 101**

Safer Neighbourhood Team





Barton Mills Neighbourhood Plan

A Neighbourhood Plan is a way for the community to influence development and planning in our village.

In the coming weeks and months we will be asking you all to complete a questionnaire either online or on paper that will help us to consider your thoughts on the future of our village.

It will be a simple form to complete.

In advance of this we will be holding a Drop in Event at the village hall where everyone is invited to come along and ask questions about our plan.

We can also show how to fill in the questionnaire on line if you need assistance.

It is very important that we get as much community engagement as is possible. This will be OUR NEIGHBOURHOOD PLAN! At the very end of the process we will present a complete Neighbourhood Plan that will require a referendum to approve it.

That means your vote counts!

We will drop an invite to the event through your door as soon as we have a date.

This is not a parish council led initiative. The Neighbourhood Plan is developed without parish council involvement but we can be contacted via bartonmillspc@gmail.com or call Neil on 07590 672963.